

**Snacking has become much more than a holdover until the next meal – it is an ingrained cultural practice.** Just about everyone loves a good snack. Most consumers snacked yesterday, and the majority of them snacked multiple times. Many foodservice operators are now equipped to cater to those looking to whet their appetites between meals. Datassential's Snacking Keynote covers everything on snacking, including the lowdown on trendy upand-comers such as global and CBD-infused snacks. **So snack on these slides. We promise they won't ruin your appetite.** 



#### Topics covered

#### understand how consumers feel about their snacks

- o learn which salty and sweet items are among consumers' most loved snacks
- o find out how consumers feel regarding the snacking options offered at the nation's largest chains, grocery stores, and convenience stores

#### explore the snacking habits of nearly 1,800 consumers

- o observe the differences between what snackers claim they indulge on and what they are actually consuming
- o identify behavioral differences in terms of snacking habits among numerous demographic slices, such as age, gender, and parental status

#### unravel the latest snacking trends offered by leading chains

- o dig into successful snacks and how consumer metrics such as purchase intent and uniqueness vary among different items
- o look closely at the latest trends like global snacks, alternative chips, and CBD-infused snacks, as well as classics like loaded fries and mini versions of classic dishes

#### discern how operators across segments approach snacking

- o see how snack type and daypart affect sales of snack items from a foodservice perspective
- o dive into the main drivers of sales among operator patrons

#### From the report

- CONSUMERS
  - **96%** of consumers had a snack food item yesterday
  - **59%** of overall snacks consumed were planned in advance
  - **55%** would pay more for an organic snack
- OPERATORS
  - **97%** menu snackable items somewhere on their menu
  - **83%** offer snack items during lunch time
  - **68%** consider snacks profitable to their operations overall

1,078 consumers + 738 snacking diary consumers

303 operators







**DOWNLOAD TODAY.** Please contact Brian Darr at 312-655-0594 or brian@datassential.com.







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## **METHODOLOGY**

fielded online November 2019

1,078 consumers were surveyed overall

- A subset of this general-population sample, 738 consumers, is broken out in the Consumer Snacking Diary section in the report. Respondents who were excluded from that section had not consumed a snack in the past day at the time they took Datassential's online survey.

303 operators via the Datassential panel

- 141 restaurant operators
- 109 on-site operators
- 53 retail foodservice operators

full demographic info is available in the appendix



# **OBJECTIVES**

- identify consumer snack consumption habits and preferences
- understand consumer motivations for and attitudes toward snacking at home and away from home
- analyze operator motivators, preferences, and challenges with menuing "snackable" items
- in-depth analysis of new menu items positioned as snacks
- identify supplier opportunities where operators and consumers have unmet snacking needs

## Snack Definition

In this report, we define snacking differently for consumers vs. operators.

# CONSUMER Definition:

In our custom survey, we asked consumers to consider snacks as "anything that you ate or drank yesterday outside of what you would consider to be full meals" regardless of daypart.

# **OPERATOR Definition:**

Operators surveyed for this report were asked about snacking as a **distinct daypart between traditional meal service** of breakfast, lunch, and dinner. Snacks were designated as AM, PM (afternoon), or late-night. We also asked operators about "**snackable**" foods, such as tacos or fried appetizers, and about their general attitudes toward snacking.

# **Snack Food Categories**

In this report we break snack food into **33 individual items** across four categories: **salty** snacks, **sweet** snacks, **natural** snacks, and **entrées**. Those categories are defined as such:

SALTY

3 groups: **salty, crunchy snack foods** (like chips, pretzels, crackers, and cheese puffs) and **french fries**. All others fall into **other salty snacks**.

**Snacks:** 

**SWEET** 

8 groups: cookies, other sweet baked goods (like brownies, muffins, and pie),

Snacks:

donuts, candy, ice cream, breakfast cereal, and snack bars (including granola bars, protein bars, etc.). All others fall into other sweet snacks.

NATURAL Snacks:

11 groups: fruit, veggies, salad, nuts, jerky, meat & cheese packs, cheese,

yogurt, hummus, and trail mix. All others fall into other natural snacks.

ENTRÉE Snacks:

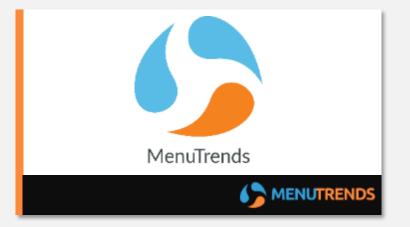
11 groups: sandwiches, burgers, pasta, pizza, burritos/tacos, hot dogs, chicken wings/nuggets, soup, eggs, and leftovers. All others fall into other entrées.

## Slide Legend

In addition to custom research, this report taps into Datassential's SNAP! platform. Refer to the stripe on the left side and the icon on the bottom right corner to learn the source of the slide's data.







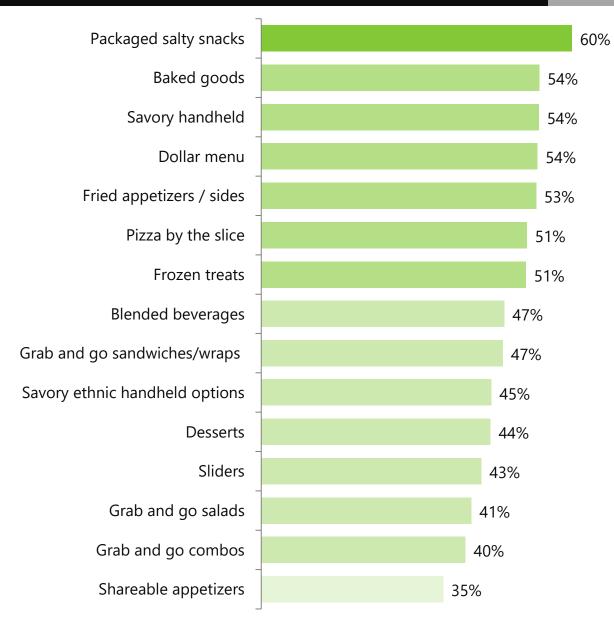






#### Likelihood to Order Foods as Snacks

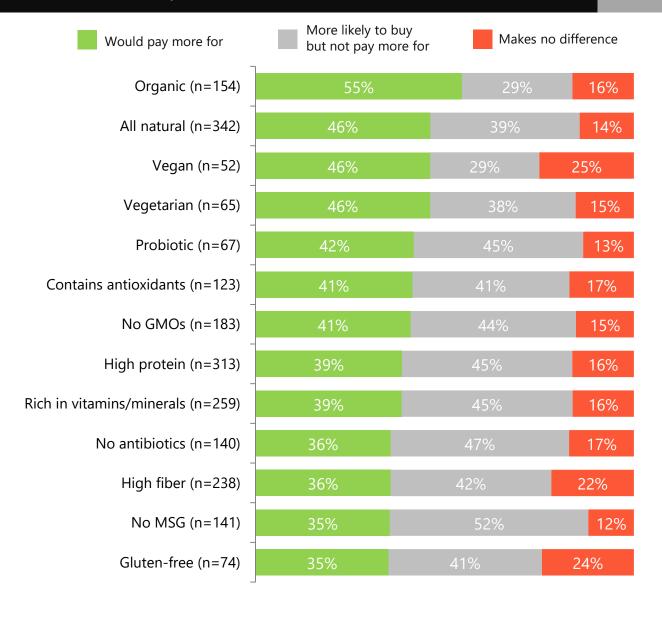
top-2 box,





### Likelihood to Pay More for Healthful Attributes in Snacks





## Snacking Diary: Need States

	All Snack Occasions*	All Beverage Only Occasions
	n=7,921	1,751
Hungry or Thirsty	28%	30%
Habit	14%	23%
Specific Craving	8%	7%
Energy Boost	8%	13%
Treat / Reward	7%	5%
Hold Over til Next Meal	6%	3%
Health Boost / Nutrition	6%	3%
Save Time vs. Full Meal	3%	2%
Boredom	3%	1%
Tempted by Sight	3%	1%
Save Money vs. Full Meal	3%	1%
Tempted by Smell	2%	1%
Stress Eating	2%	1%
Because Others are Snacking	2%	1%
Other	4%	7%

\*Counts all dayparts when a food and/or beverage was consumed; each respondent could have up to 7.



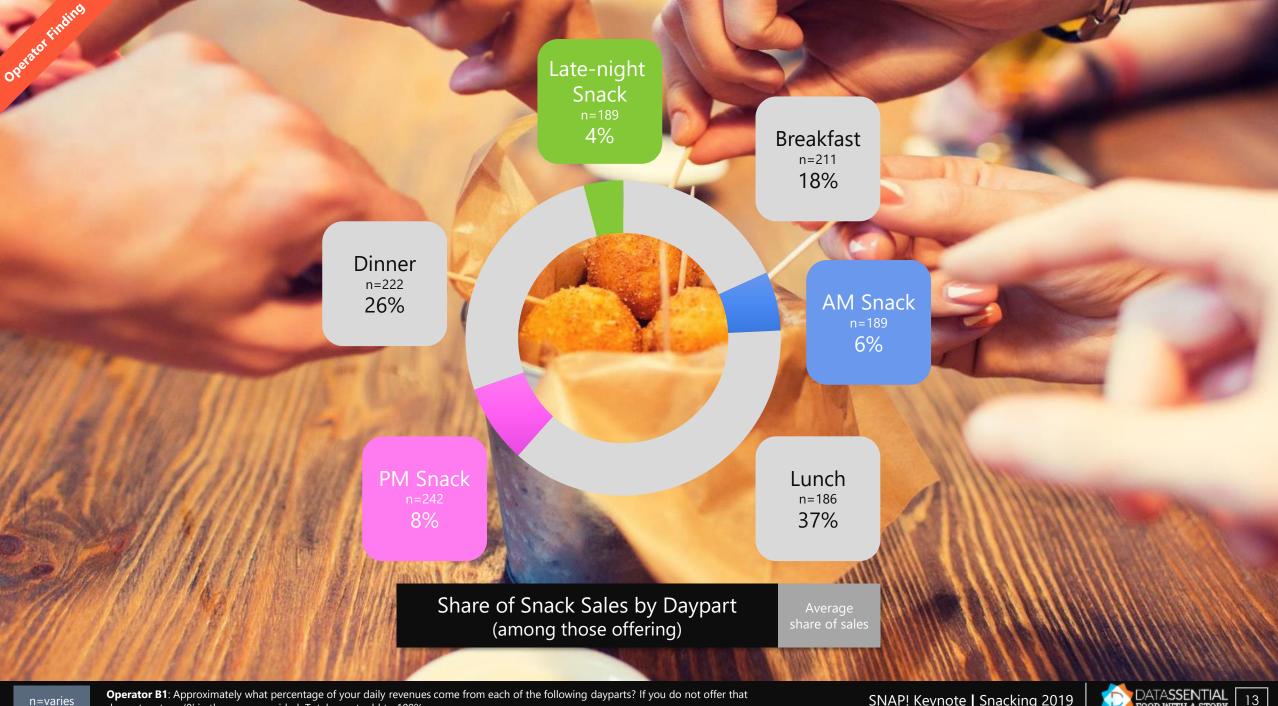
# Snack Snack

Penetration of Snackable Foods

### **Snack Positioning**



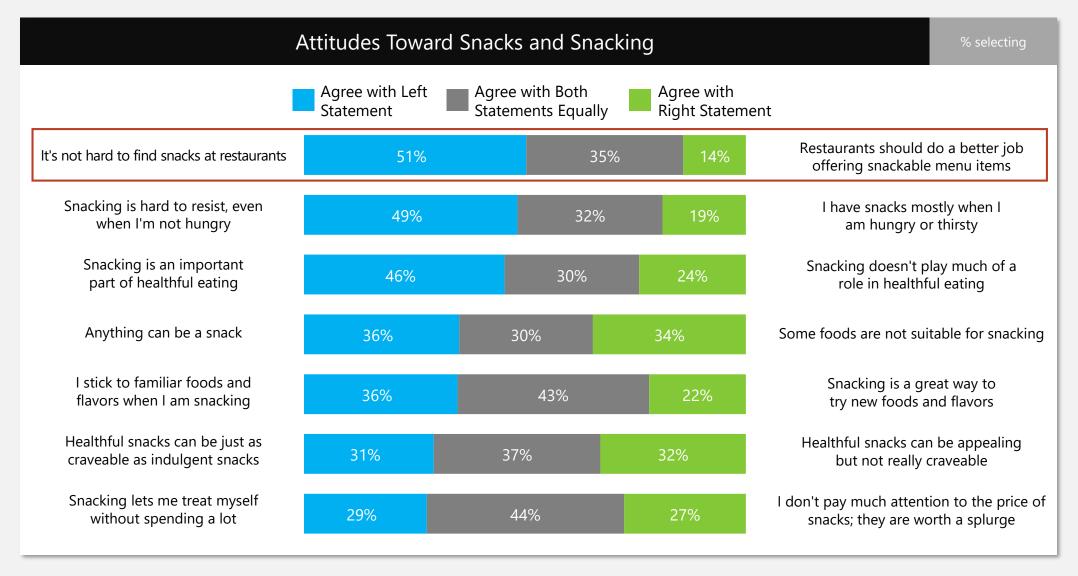
\*See slide 80 for the list of snackable items presented to respondents



Most consumers either already purchase snacks from most restaurant segments or are open to doing so. Quick-service outlets are the most frequented for snacks, but nearly every segment has some purchase frequency or interest. Surprisingly, vending and kiosks hold no interest for nearly half of snacking consumers, perhaps because they do not have regular access to them (such as at work).

Snack Purchasing by Segment					% selecting	
	Once per Week or More	Once every 2 Weeks	Once per Month	Less than Once per Month	Don't Purchase, but Open to Purchasing	Don't Purchase, Not Interested
Traditional fast food restaurant	24%	19%	19%	18%	6%	16%
Higher-end quick service restaurant	8%	12%	19%	22%	13%	26%
Family-style sit-down restaurant	8%	12%	22%	23%	12%	23%
Casual sit-down restaurant	9%	13%	22%	24%	12%	21%
Higher-end casual sit-down restaurant	6%	10%	15%	27%	14%	28%
Fine dining restaurant	6%	9%	12%	25%	16%	33%
Retail store food court	8%	11%	17%	17%	17%	31%
Food truck / food stand / food kiosk	6%	8%	10%	15%	21%	41%
Convenience store / gas station mart	17%	12%	13%	18%	11%	29%
Ready-to-eat snack from supermarket prepared foods	13%	17%	16%	18%	12%	25%
Vending machine/micro market	8%	8%	8%	17%	13%	45%

Although restaurants do little promotion around snacking, most consumers say they can easily find between-meal items on the menu. In addition, snack healthfulness and craveability are not mutually exclusive in customers' minds.



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## Interest in Supplier Support with Snacking

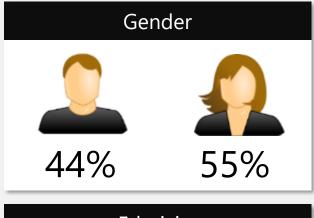
	Total
	n=
Smaller case sizes/packaging	45%
Recipe ideas/ menu suggestions	39%
More seasonal products	34%
Data / information on industry trends (food trends, culinary trends, consumer preference, etc.)	31%
Marketing assistance	27%
Menu analysis and costing	27%
Staff training (culinary techniques, customer service, food safety, etc.)	17%
None of the above: We have no interest in growing our snacking/ non-traditional daypart sales	16%

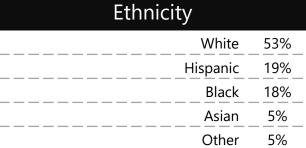
statistically lower than the total

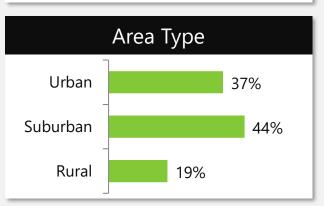
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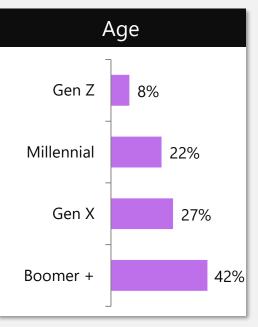


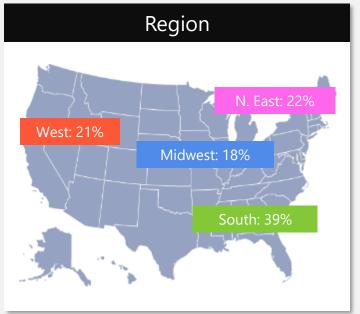
# 1,078 survey consumers\*

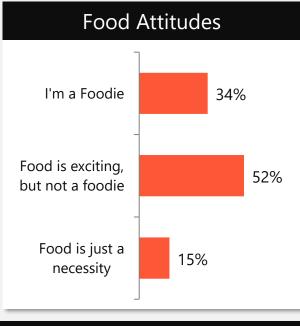


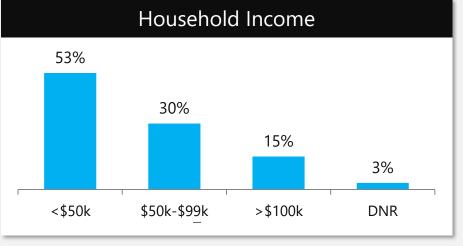


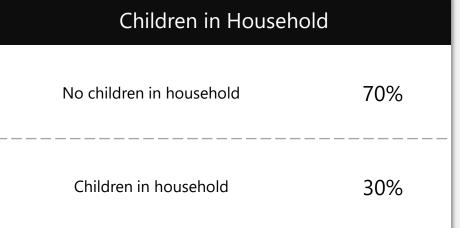




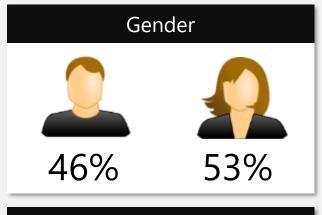


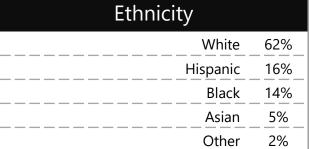


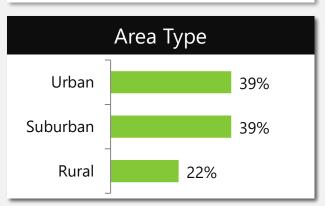


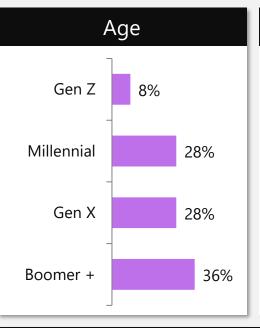


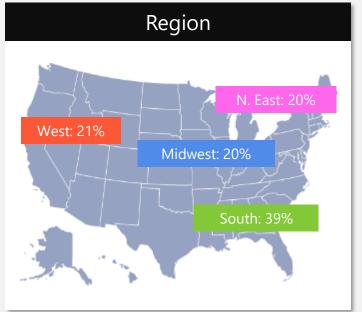
# 738 snacking diary consumers

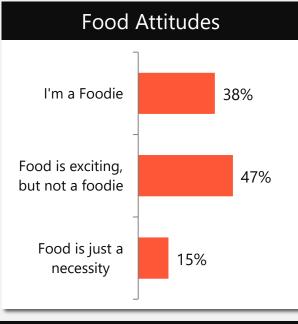


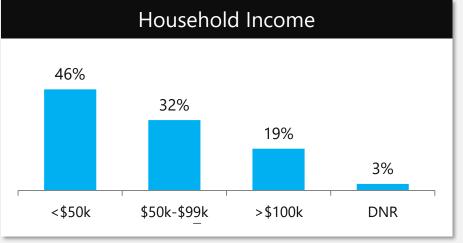


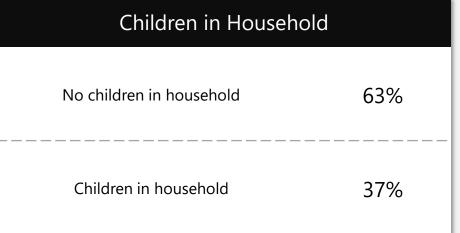




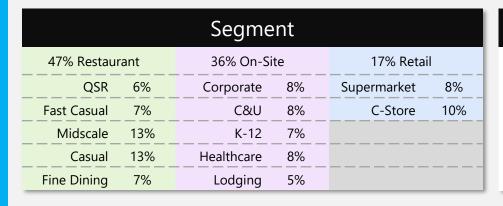








# 303 operators

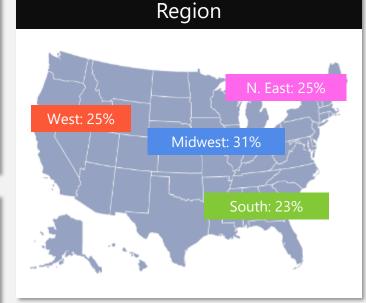


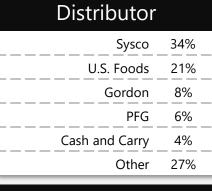
**79%** 

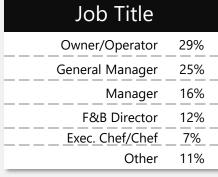
independent

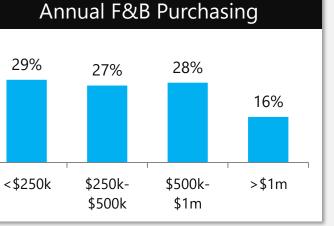


27%











Restaurant Chain Affiliation

10%

franchise

owned

11%

company

owned



On-Site Contract MGMT

**73%** 

not contract

managed



## exhibit guide

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a **Datassential** solution

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