

## Snacking has become much more than a holdover until the next meal - it is an ingrained cultural practice. Just about everyone loves a

good snack. Most consumers snacked yesterday, and the majority of them snacked multiple times. Many foodservice operators are now equipped to cater to those looking to whet their appetites between meals. Datassential's Snacking Keynote covers everything on snacking, including the lowdown on trendy up- and-comers such as global and CBD-infused snacks. So snack on these slides. We promise they won't ruin your appetite.

## SNACKING: <br> a SNAPI keynote

```
Topics covered
```


## From the report

## understand how consumers feel about their snacks

- learn which salty and sweet items are among consumers' most loved snacks
o find out how consumers feel regarding the snacking options offered at the nation's largest chains, grocery stores, and convenience stores
explore the snacking habits of nearly 1,800 consumers
o observe the differences between what snackers claim they indulge on and what they are actually consuming
o identify behavioral differences in terms of snacking habits among numerous demographic slices, such as age, gender, and parental status
unravel the latest snacking trends offered by leading chains
o dig into successful snacks and how consumer metrics such as purchase intent and uniqueness vary among different items
- look closely at the latest trends like global snacks, alternative chips, and CBD-infused snacks, as well as classics like loaded fries and mini versions of classic dishes
discern how operators across segments approach snacking
o see how snack type and daypart affect sales of snack items from a foodservice perspective
o dive into the main drivers of sales among operator patrons
- CONSUMERS

96\% of consumers had a snack food item yesterday
$\mathbf{5 9 \%}$ of overall snacks consumed were planned in advance
$\mathbf{5 5 \%}$ would pay more for an organic snack

- OPERATORS
$97 \%$ menu snackable items somewhere on their menu
$\mathbf{8 3 \%}$ offer snack items during lunch time
68\% consider snacks profitable to their operations overall
1,078 consumers +738 snacking diary
consumers
303 operators

DOWNLOAD TODAY. Please contact Brian Darr at 312-655-0594 or brian@datassential.com.


## SNACKING

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## METHODOLOGY

fielded online November 2019

1,078 consumers were surveyed overall

- A subset of this general-population sample, 738 consumers, is broken out in the Consumer Snacking Diary section in the report. Respondents who were excluded from that section had not consumed a snack in the past day at the time they took Datassential's online survey.

303 operators via the Datassential panel

- 141 restaurant operators
- 109 on-site operators
- 53 retail foodservice operators
full demographic info is available in the appendix



## OBJECTIVES

- identify consumer snack consumption habits and preferences
- understand consumer motivations for and attitudes toward snacking at home and away from home
- analyze operator motivators, preferences, and challenges with menuing "snackable" items
- in-depth analysis of new menu items positioned as snacks
- identify supplier opportunities where operators and consumers have unmet snacking needs


## Snack Definition

In this report, we define snacking differently for consumers vs. operators.

## CONSUMER Definition:

In our custom survey, we asked consumers to consider snacks as "anything that you ate or drank yesterday outside of what you would consider to be full meals" regardless of daypart.

$$
\begin{array}{cl} 
& \begin{array}{l}
\text { Operators surveyed for this report were asked } \\
\text { about snacking as a distinct daypart between } \\
\text { traditional meal service of breakfast, lunch, and } \\
\text { dinner. Snacks were designated as AM, PM }
\end{array} \\
\text { OPERATOR } & \begin{array}{l}
\text { (afternoon), or late-night. We also asked } \\
\text { operators about "snackable" foods, such as } \\
\text { Definition: } \\
\text { tacos or fried appetizers, and about their } \\
\text { general attitudes toward snacking. }
\end{array}
\end{array}
$$

## Snack Food Categories

In this report we break snack food into 33 individual items across four categories: salty snacks, sweet snacks, nałural snacks, and entrées. Those categories are defined as such:

SALTY 3 groups: salty, crunchy snack foods (like chips, pretzels, crackers, and cheese Snacks:

SWEET 8 groups: cookies, other sweet baked goods (like brownies, muffins, and pie), Snacks: donuts, candy, ice cream, breakfast cereal, and snack bars (including granola bars, protein bars, etc.). All others fall into other sweet snacks.

NATURAL 11 groups: fruit, veggies, salad, nuts, jerky, meat \& cheese packs, cheese, Snacks: yogurt, hummus, and trail mix. All others fall into other natural snacks.

ENTRÉE Snacks:

11 groups: sandwiches, burgers, pasta, pizza, burritos/tacos, hot dogs, chicken wings/nuggets, soup, eggs, and leftovers. All others fall into other entrées.

## Slide Legend

In addition to custom research, this report taps into Datassential's SNAP! platform. Refer to the stripe on the left side and the icon on the bottom right corner to learn the source of the slide's data.





$\left.$|  | All Snack |  |
| :---: | :---: | :---: |
|  |  |  | | All Beverage |
| :---: |
| Only |
| Occasions | \right\rvert\,

Snack Positioning

*See slide 80 for the list of snackable items presented to respondents


| Most consumers either already purchase snacks from most restaurant segments or are open to doing so. Quick-service outlets are the most frequented for snacks, but nearly every segment has some purchase frequency or interest. Surprisingly, vending and kiosks hold no interest for nearly half of snacking consumers, perhaps because they do not have regular access to them (such as at work). | Snack Purchasing by Segment |  |  |  |  |  | \% selecting |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Once per Week or More | Once every 2 Weeks | Once per Month | Less than Once per Month | Don't Purchase, but Open to Purchasing | Don't <br> Purchase, Not Interested |
|  | Traditional fast food restaurant | 24\% | 19\% | 19\% | 18\% | 6\% | 16\% |
|  | Higher-end quick service restaurant | 8\% | 12\% | 19\% | 22\% | 13\% | 26\% |
|  | Family-style sit-down restaurant | 8\% | 12\% | 22\% | 23\% | 12\% | 23\% |
|  | Casual sit-down restaurant | 9\% | 13\% | 22\% | 24\% | 12\% | 21\% |
|  | Higher-end casual sit-down restaurant | 6\% | 10\% | 15\% | 27\% | 14\% | 28\% |
|  | Fine dining restaurant | 6\% | 9\% | 12\% | 25\% | 16\% | 33\% |
|  | Retail store food court | 8\% | 11\% | 17\% | 17\% | 17\% | 31\% |
|  | Food truck / food stand / food kiosk | 6\% | 8\% | 10\% | 15\% | 21\% | 41\% |
|  | Convenience store / gas station mart | 17\% | 12\% | 13\% | 18\% | 11\% | 29\% |
|  | Ready-to-eat snack from supermarket prepared foods | 13\% | 17\% | 16\% | 18\% | 12\% | 25\% |
|  | Vending machine/micro market | 8\% | 8\% | 8\% | 17\% | 13\% | 45\% |

## Although restaurants do little promotion around snacking, most consumers say they can easily find between-meal items on the menu. In addition, snack healthfulness and craveability are not mutually exclusive in customers' minds.

| Attitudes Toward Snacks and Snacking |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Agree with Left  <br> Statement Agree with Both <br> Statements Equally$\quad$Agree with <br> Right Statement |  |  |  |  |
| It's not hard to find snacks at restaurants | 51\% | 35\% | 14\% | Restaurants should do a better job offering snackable menu items |
| Snacking is hard to resist, even when I'm not hungry | 49\% | 32\% | 19\% | I have snacks mostly when I am hungry or thirsty |
| Snacking is an important part of healthful eating | 46\% | 30\% | 24\% | Snacking doesn't play much of a role in healthful eating |
| Anything can be a snack | 36\% | 30\% | 34\% | Some foods are not suitable for snacking |
| I stick to familiar foods and flavors when I am snacking | 36\% | 43\% | 22\% | Snacking is a great way to try new foods and flavors |
| Healthful snacks can be just as craveable as indulgent snacks | 31\% | 37\% | 32\% | Healthful snacks can be appealing but not really craveable |
| Snacking lets me treat myself without spending a lot | 29\% | 44\% | 27\% | I don't pay much attention to the price of snacks; they are worth a splurge |



## 1,078 survey consumers*


*Some of these consumers were excluded from the snacking diary exercise for not meeting the proper criteria (e.g. didn't have a snack yesterday)

## 738 snacking diary consumers



## 303 operators



| GPO Status |
| :---: |
| $21 \%$ |
| use a GPO |



| Distributor |  |
| :---: | :---: |
| Sysco | 34\% |
| U.S. Foods | 21\% |
| Gordon | 8\% |
| PFG | 6\% |
| Cash and Carry | 4\% |
| Other | 27\% |


| Job Title |  |
| :---: | :---: |
| Owner/Operator | 29\% |
| General Manager | 25\% |
| Manager | 16\% |
| F\&B Director | 12\% |
| Exec. Chef/Chef | 7\% |
| Other | 11\% |

Skill Level
All/Almost All Scratch

| Majority Scratch | 29\% |
| :---: | :---: |
| Half Scratch/ Half Pre-Made | 45\% |
| All/Almost All Pre-Made | 16\% |

## exhibit guide

## The Takeaways <br> Key Findings

Thought Starters

## Data Dive: Dessert Landscape

## Snack Foods MAC

Most Loved Salty Snack Varieties Most Loved Salty Snack Brands
Most Loved Sweet Snack Varieties
Most Loved Sweet Snack Brands
Most Loved Candy Brands
Top Chains for Afternoon Snacks; Top Chains for Late-Night Snacks
Top Chains for Snacks
Top C-Stores for Morning Snacks; Top C-Stores for Afternoon Snacks; Top C-Stores for LateNight Snacks
Top C-Stores - Wish They Had More Snacks
Top C-Stores — Packaged-Snack Purchasing
Top Grocery Stores for Morning Snacks; Top Grocery Stores for Afternoon Snacks; Top Grocery Stores for Late-Night Snacks
Top Grocery Stores - Wish They Had More Snacks Top Performing C-Store Snacks: Purchase Intent Top Performing C-Store Snacks: Uniqueness Top Performing Restaurant Snacks: Purchase Intent Top Performing Restaurant Snacks: Uniqueness Percent of LTO Items Positioned as Snacks, 2008-19

Snack LTO Introductions, 2008-2019, by Segment Snack Introductions by Month (\% of all items positioned as snacks), 2008-2019
Snack LTOs vs. New Menu Items (\% of all items positioned as snacks), 2008-2019
Snacking Terms: Size and Format Terms; Occasion and Need State Terms; Daypart Terms

Snacking Mega Trends
Global Snacks
Candy-Based
Mini Versions
Loaded Fries
Interest in Currently Trending Snacking Items

## Snacking Opportunities

Dollar Menu Opportunities
Mini Version Opportunities
Seasonal Opportunities
Healthful Opportunities

## Data Dive: Consumer Insights

Consumers' Change in Snacking Frequency Snack Purchasing by Segment
Change in Snack Purchasing at Foodservice Outlets over the Past Year

Likelihood to Order Foods as Snacks Attitudes Toward Snacks and Snacking Top Characteristics Defining a Healthful Snack Likelihood to Pay More for Snacking Attributes

What new and innovative snacks do you want to see in grocery/retail stores? (Consumer open-end)
What new and innovative snacks do you want to see in restaurants/foodservice? (Consumer open-end)
Change in Specific Snack Food Consumption in the Past Year

## Data Dive: Consumer Snacking Attitudes

Snack Attribute Importance: Snacks Purchased at Retail ( Max-Diff Analysis Results)
Snack Attribute Importance: Snacks Purchased at Restaurants ( Max-Diff Analysis Results)
Snack Diary: Occasions by Region

## Data Dive: Consumer Snacking Diary

Snack Food and Beverage Consumption Frequency Snack Type Trend
Top Indexing Snack Foods
Real vs. Perceived Snack Food Consumption
Snack Diary: Need States by Snack Type
Snack Diary: Occasions by Snack Type
Snack Diary: Snack Origin and Plan by Snack Type Snack Planning Trend
Snack Healthfulness Trend

## exhibit guide

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